



# TRADITIONS GRILLE

## MENU IS AVAILABLE ALL DAY...

All items come with a side of house-made chips | 160 cal  
French fries add \$.50 | 90 cal

### Chicken Salad \$4.99 | 430 cal

roasted and shredded chicken, celery, parsley, brown sugar, garlic, toasted bread

### Turkey Club \$5.29 | 700 cal

smoked turkey, applewood smoked bacon, swiss cheese, local romaine, tomato, onion, herb aioli, toasted bread

### B.L.T. \$4.49 | 640 cal

local romaine, tomato, applewood smoked bacon, herb aioli, toasted bread

### Fried Egg Sandwich \$4.49 | 560 cal

2 eggs, cheddar cheese, applewood smoked bacon, local romaine, tomato, onion, toasted bread

### Grilled chicken sandwich \$5.49 | 670 cal

grilled chicken breast, swiss cheese, local romaine, tomato, herb aioli, toasted bun

### Grilled Cheese \$4.29 | 570 cal

cheddar cheese, american cheese, toasted bread

### Deluxe Grilled Cheese \$5.49 | 630 cal

cheddar cheese, swiss cheese, american cheese, applewood smoked bacon, tomato, toasted bread

### Hamburger \$4.99 | 470 cal

local romaine, tomato, onion, toasted bun  
add cheese \$.50 | 90-110 cal  
add bacon \$1 | 90 cal

### Black Bean Burger \$4.99 | 540 cal

local romaine, tomato, onion, herb aioli, toasted bun  
add cheese \$.50 | 90-110 cal

### Local Hot Dog \$3.29 | 520 cal

Hickory Nut Gap Farms all beef frank

### Chicken Tenders \$4.99 | 640-810 cal

3 tenders, choice of honey mustard, smoked chili bbq sauce or ranch dressing

### Side of fries \$1.00 | 170 cal

## GRAB AND GO

Daily Selections

## BEVERAGES

20oz Iced Tea or Fountain Beverage \$1.39

Coffee or Hot Chocolate \$.99

### Domestic Beer

12 oz Bud or Bud Light can \$2.78

16 oz Michelob Ultra can \$3.24

### Premium Beer

Stella, Shock Top, cider or locally crafted seasonal selection \$3.59

### Wine

Cabernet Sauvignon Chardonnay or White Zinfandel \$2.99

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.